

What is claimed is:

1. A method for remote education of a student, comprising the steps of:  
providing a plurality of lessons;  
obtaining a profile for the student, the profile including at least one value  
describing an attribute of the student;  
using the profile to select one of the lessons to be sent to the student; and  
sending the lesson selected to the student.
2. A method according to claim 1, further comprising the step of updating  
the profile after the student has completed the lesson.
3. A method according to claim 1, wherein information is exchanged over  
the Internet.
4. A method according to claim 3, wherein information is exchanged in a  
secure manner.
5. A computer-readable storage medium comprising a program for  
performing the method of claim 1.
6. Method for remote education of a student, comprising the steps of:  
providing a plurality of lessons;  
obtaining a profile for the student, the profile including at least one value  
describing an attribute of the student;  
using the profile to select one of the lessons to be sent to the student;

sending the lesson selected to the student;  
administering a quiz based on the lesson selected to the student;  
grading the quiz to obtain a quiz result;  
offering to inform the student of the quiz result; and  
offering to inform a preceptor of at least one of a time spent by the student  
studying the lesson and the quiz result.

7. A method according to claim 6, further comprising the step of updating  
the profile based upon the quiz result

8. A method according to claim 6, wherein information is exchanged over  
the Internet.

9. A method according to claim 8, wherein information is exchanged in a  
secure manner.

10. A method according to claim 6, further comprising the step of  
statistically analyzing student performance.

11. A computer-readable storage medium comprising a program for  
performing the method of claim 6.

12. A method for remote care of a diabetic patient under the supervision of a  
healthcare provider, comprising the steps of:  
providing a plurality of lessons;

obtaining a profile for diabetic patient, the profile including at least one value  
describing an attribute of the diabetic patient;  
using the profile to select one of the lessons to be sent to the diabetic patient;  
sending the lesson selected to the diabetic patient for study;  
offering the diabetic patient information reflecting the diabetic patient's health;  
and  
offering the healthcare provider information regarding at least one of the  
diabetic patient's study of the lesson, the diabetic patient's health, and  
the diabetic patient's medical appointments.

13. A method according to claim 12, wherein the profile comprises a value  
of at least one of an a1c level, a urine albumin level, a cholesterol profile, a body weight, a  
body mass index, a blood pressure, a foot sensitivity assessment, an upcoming medical  
appointment, and a number of lessons that have been completed for the diabetic patient.

14. A method according to claim 13, further comprising the step of updating  
the profile to reflect a change in the value.

15. A method according to claim 12, further comprising the step of alerting  
the healthcare provider when the value crosses a predetermined level.

16. A method according to claim 12, wherein information is exchanged over  
the Internet.

17. A method according to claim 16, wherein information is exchanged in a  
secure manner.

18. A method according to claim 12, further comprising the steps of administering a quiz based on the lesson selected to the diabetes patient; grading the quiz to obtain a quiz result; offering to inform the diabetes patient of the quiz result; and offering to inform the healthcare provider of at least one of a time spent by the diabetes patient studying the lesson and the quiz result.

19. A method according to claim 18, further comprising the step of updating the profile to reflect the quiz result.

20. A method according to claim 12, further comprising the step of effecting a communication between the diabetic patient and the healthcare provider.

21. A method according to claim 12, wherein the healthcare provider administers initially creates the profile.